

THE USE OF FAIRY TALE THERAPY IN PRESCHOOL EDUCATIONAL ORGANIZATIONS

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Abstract: This article discusses the use of fairy tale therapy in preschool educational organizations, their importance, and the importance of art therapy in the comprehensive development of preschool children.

Keywords: "Art therapy", diagnostics, aesthetic needs, development, Fairy tale therapy, integrated approach, meditative, psychotherapeutic approach, didactic approach, psychological approach, psychocorrectional approach.

Nowadays, in the preschool education system, special attention is paid not only to the intellectual, but also to the psycho-emotional development of children. Fear, shyness, aggression, and communication difficulties that arise in childhood can have a negative impact on the child's later life. Therefore, it is necessary to use effective methods of understanding the inner world of children and providing them with psychological support.

One of such methods is fairy tale therapy, which is a widely used, effective and interesting method in working with preschool children.

The goal and task of fairy tale therapy is to reduce aggressiveness in children, develop self-emotional control and positive relationships with others. To do this, fairy tale therapy uses a fairy tale style and methods of working with children that are understandable to them due to their simplicity and children's interest in fairy tales. Each child understands and perceives one or another fairy tale in his own way. Therefore, one fairy tale leaves a great impression on him, while another one passes by without stirring his emotions. This does not mean that the notebook of life situations will not be replenished with another cell, it simply will not have the power of influence until the child is faced with such a problem, for example, the problem of choosing between a son-in-law and a daughter-in-law. Fairy tale therapy is a comprehensive approach to raising a child. But if you analyze the educational process through therapy into components, you can get a complete list of tasks that this wonderful method solves: Tasks of a fairy tale: diagnostic; prognostic; therapeutic.

Fairy tale therapy is one of the ways to establish a trusting relationship with a child by conveying complex things to him in an easy way for him to perceive, and to become a close person to him. Fairy tale therapy for children, experts say, fairy tales expand the child's worldview and form his conscious attitude to life. Through fairy tales, the child learns to distinguish between good and evil, goodness and evil. This concept is imprinted in his psychology for life, and after the child reaches adulthood, he becomes accustomed to good deeds. Korney Ivanovich Chikovskiy wrote: "I think the purpose of a fairy tale is to educate in the child some kind of humanity, such as to grieve for someone else's sorrow, to rejoice for someone else's joy, to experience the fate of a stranger as if it were his own." Fairy tales were used in their work by such world psychologists as E. Fromm, E. Bern, E. Gordner, I. V. Vajkov, M. Osorina, ELisina. "Fairy tale therapy" is a direction in psychotherapy, with the help of which behavioral reactions and fears are corrected, creative potential is developed, and consciousness is expanded. This method is successfully used

for patients of different ages. But most often, children resort to the help of fairy tales in case of behavioral pathologies. Among the scientists who have studied the fairy tale method are I. Vachkov, T. Zinkevich-Evstegneeva, E. Lisina and other respected specialists. Children get their first idea of justice and injustice from fairy tales. The fairy tale forces the child to keep in mind and remember the ways of solving complex life problems. In this way, the experience of the confrontation of opposing forces in life and their resolution increases, and creative imagination develops. It is imagination combined with memory that allows a child to find the right and effective solution in a short time when faced with similar problems in life. There are no dead ends in life.

Often a person is simply not ready to get out of them. 3. The method of fairy tale therapy includes the following:

1. didactic;
2. psychological;
3. psychocorrectional.
4. meditative;
5. psychotherapeutic;

Didactic fairy tales are the simplest and easiest to read. They are used in working with children of primary school age and preschoolers. The task of such fairy tales is to convey skills using examples and teach the baby new knowledge. The heroes of such therapeutic stories perform simple tasks and explain why this skill is so important (how to cross the road, wash the dishes on your own, be polite, clean up toys, etc.).

The fairy tale "revives" the fairy tale, and simple actions are touched by magic, so a very effective motivation of the baby for the right actions is obtained. Psychological fairy tale - a psychological fairy tale, like a didactic one, teaches the child the right behavior on the example of fictional characters. But if the didactic option concerns the everyday side of life, then the psychological option affects the sphere of personal growth. Here the narrator goes into higher categories, the manifestation of good and evil, why it is so important to love others, why it is so important and to appreciate what you have.

A fairy tale about psychocorrection is a fictional story that changes a person's behavior. Such fairy tales are always based on comparison. In the first case, the hero acts "badly" (that is, ineffectively), then the listener is shown an alternative model of the hero's behavior. As a result, the child listens not only to a boring instructive lecture from his parents. He himself draws conclusions about how he should behave, based on the material listened to. A meditative fairy tale is the most difficult fairy tale in the arsenal of therapy. It does not require a logical structure and a clear storyline. The main condition is that it is easy to listen to vivid images and images.

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