

ART-TERAPIYANING CHILD “HIS”NEST THE IMPORTANCE OF DEVELOPMENT

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Annotation: this article arttherapy children “his”nest the development of the importance of a statement is made. Art-therapy for the child, “”his nest in the formation of important the role is. It is the child's emotional, social and cognitive aspects o‘the sish stimulates. O‘zini to realize, in their opinion, express to , and in society in their place, finding in the way of arterapiya by caught which included the results is incomparable. In the article, these aspects are wide open given.

Key words: arttherapy, emotions, creativity, in emosiya, mental state, “” concept, pre-school age period, izoterapiya, qumterapiya, musiqaterapiya.

Today's the day “” the problem of the increasingly pressing challenges one become has. “” The concept of human significance level, its today and the problems you solve , the ability, the modern human values, problems with the set you need and finally o‘zini society a part as the definition of with closely related. Today's the day the child of the person at every party is the development of the education system of the central issues is one. The child into the world when it comes to society in their place and have it take, their opinion of an independent statement is to take, to interest expressed have and most thikind of their “the”nest show will be in relatives of the attention, support very thim is. In this regard art-terapiya child “his”nest – that is, self - consciousness, self - assessment to give and own “Inner world”to understand to the formation of effective psychological and methodological tools as recognized areadi.

Art-therapy - treatment with this art: “art” the English language from “the san’at”, “therapyer” (therapy) in ancient Greek, translated as “the treatment” that ma’means bread, this man's psycho-emotional condition to correct the san’and uses creativity. Art-terapiyafrom use would there are many methods, appropriate support depending on your ultimate goal, including :

✓ Passive methods, the internal mental world and the foreign thought to restore the balance in the combination of ywhen enough is enough (music listening, books, reading, pictures, and watch movies).

✓ Active methods when a man starts to create himself through it, their feelings, experiences and complex represents.

Art therapy children creative the comprehensive development of each child in kindergarten, and if you are social and psycho-emotional applied to eliminate obstacles is active. The most effective methodsto tales of therapy, sculpture therapy (kindergarten plastilin, clay work) draw and is widely used.

Art-therapy pre-school age children allows the following:

- self-to show ;
- decide on the type of business leading to;
- express your feelings in the study provisionssh;
- work in team;
- identify your psychological problems;

to equip the schoolsh.

Nepomnyashaya n. i., s. v. 1984 Russian scientists n. I Nepomnishaya Mux-year harakartlarni how their child perform on the basis of experience meeting their needs through a letter will go by

the independent noted. In this process the child's o'z mening divide and the mean preparation from the stage is one of.¹ MTTlarida educational process of the "First step" of the state educational program on the basis of organized are. In this process, the child's behavioral , depending on the center will be directed. This process is also the child "his" nest development for the opportunity it is. Art-therapy that develops in the center of the world of the activities in a clear manifestation of what is. Thus, the child been drawing a magnifying glass, I made the clay works, heard the story, from fairy tale received tasurot of his emotional-psychological aspects open, give in the hand comes. Arttherapy exercises ideas, events, feel the emotions of the study, shaxslararo relations, skills development, self- respect to and the power to confidence to increase, their own "" 's new, more successful appearance to create the opportunity that gives the tool.

Preschool age children in arttherapy is a widely used one of the methods izoterapiyada childrenar paint from using, fingers with painted can. Your favourite photos of the wonderful memories it leaves. Decor hand motorika the skills, imagination, aesthetic taste of the development to help will. This process of individual and group with if done also own its effectiveness it gives.

Age level of therapy that is great for any stage of qumterapiyasi and interesting one. Sand therapy in children of preschool age for the conduct of the practice of primary education in the organization of special training term used in the treatment of children from sand and colored sand designed for the use of the landing field. The picture with sand to draw the various shapes of products, decor made by tactical acumen children influences the development ofadi, itnda calm and freedom soupadi.

Fairy tale therapy of preschool age children say it won't be exaggeration if one of the most favorite hobbies. Fairy tale therapy in children positive character adopters of the model, with negative emotions and allows you to decrease the level of anxiety. The children's tale with the communication of its negative incidence, characteristics, of unbelief, that lazy , and new things to learn whether it was willing to overcome any help will.

Mud therapy in preschool education organization in the main material as plastilin , and clay are used. Mud terapiasi through children creativity skills in the content and find explain with a number of school education in the important role professional executive whose hands tiny motorika of development can be. This process through the children in a number of psychological changes to identify to get the opportunity is born.

Music therapy in children the benefit of dedicated and aggressiveto a more open, experiences and internal breakdown is widely applied in the show. In the selection of music for children their age to, jarangdor ministryand the song used in the words and tone need to pay attention to.

Art therapy can help children be applied, and about how we can interpret as follows:

➤ **Internal sensitivities represent-while** the new words in the dictionary or general children appear from communication is the limit (positive or negative emotions the affairs of this children infections), personal creativity, i.e. in samples drawn pictures, I made the parts, the size of the color they could express. Thus, children with arttherapy izoterapiya from practice to use you can.

➤ **Creative the developmentat:** children ijodkorlikning first see get who go terapiya creative abilities increases.

➤ **Mental health improve:** Art therapy children mental health develop, the impact decreases and the challenges with the engage help will.

Art-therapy practice in an individual or in a group, out will go. Art-therapy is mainly mental strain, trauma, body, children in the treatment of very effective way. Arterapiya child ""his nest in the formation of an important role plays. It is the child's emotional, social and cognitive aspects o'the sish stimulates. O'zini to realize, in their opinion, express to , and in society in their place, finding in the way of arterapiya by caught which included the results is incomparable.

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